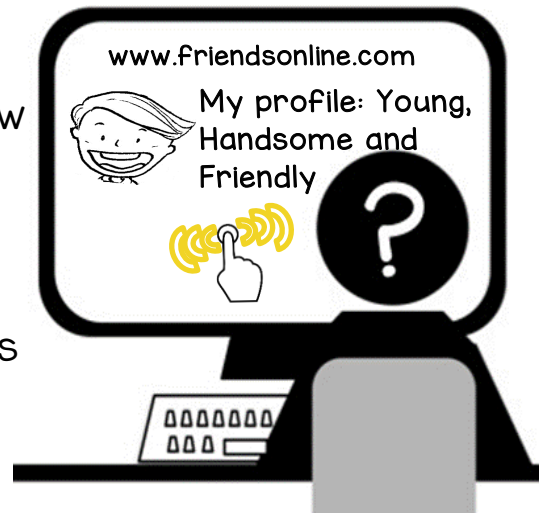


Helping Your Child Manage Cyber Contacts

What are cyber contacts?

Cyber contacts are people whom we interact with online. It is difficult to know the real identity behind the computer screen as they can pretend to be someone they are not.

Some cyber contacts could be strangers and there could be potential danger if they are not truthful.



What should my child do to avoid harm from cyber contacts?

- Ignore messages or friend requests from strangers.
- Be discerning - Evaluate information provided by the cyber contact
- Avoid giving personal information or personal photos
- Do not agree to inappropriate requests
- Avoid meeting a cyber contact face-to-face without a trusted adult

What if my child is troubled by cyber contacts?

- ✓ Stay calm & listen to your child to understand the situation
- ✓ Give your child the necessary social and emotional support
- ✓ Help your child to block the cyber contact
- ✓ Most importantly, help your child to save a copy of the conversation through a screenshot & inform the site administrator or webmaster